



NATIONAL FASTPITCH COACHES ASSOCIATION COACHES CLINICS

PORTLAND 2025

Sheraton Portland Airport
8235 NE Airport Way, Portland, OR 97220

Friday, January 17, 2025

11:30am-1:00pm	Clinic Registration & Visit the Exhibits
1:00-1:45pm	Coach Joe Yegge (Montana State Billings) “Tee Work that Works! Stationary Drills for Hitters”
1:50-2:35pm	Coach Shonda Stanton (Indiana) “Organizing Practice to Produce Game-Day Results”
2:35-3:00pm	BREAK (Visit the Exhibits)
3:00-3:45pm	Coach Jo Evans (UCSB) “Defense 101: What Every Position Player Should Know”
3:50-4:35pm	Coach Christian Conrad (Arizona) “Spin to Win! Developing Elite Movement on Pitches”
4:40-5:25pm	Coach Christy Connoyer (Saint Louis) “Duties as Assigned: Little things that make a big difference”
5:30-7:00pm	DINNER BREAK (Visit the Exhibits)
7:00-7:45pm	Coach Christian Conrad (Arizona) “High-Level Catching”
7:50-8:30pm	Coach Shonda Stanton (Indiana) “Applying Offensive Pressure to Score More Runs”
8:40-9:00pm	Coaches Panel (Q&A with all speakers)
9:00-10:30pm	Coaches Social Hour

NATIONAL FASTPITCH COACHES ASSOCIATION
2641 Grinstead Drive • Louisville, KY 40206 • 502-409-4600 • NFCA.org
Innovate. Inspire. Coach.



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Saturday, January 18, 2025

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| 8:00-8:45am | Coach Joe Yegge (Montana State Billings)
“Live Action! Front-Toss Drills for Hitters” |
| 8:50-9:35am | Coach Shonda Stanton (Indiana)
“Building Athletic and Consistent Infielders” |
| 9:40-10:25am | Coach Jo Evans (UCSB)
“Advanced Outfield Play” |
| 10:25-10:55am | BREAK (Visit the Exhibits) |
| 10:55-11:40am | Coach Christian Conrad (Arizona)
“Pitch Calling for a Diverse Bullpen” |
| 11:45am-12:30pm | Coach Christy Connoyer (Saint Louis)
“Hitting and Short Game: My Favorite Drills” |
| 12:30-1:45pm | LUNCH BREAK (Visit the Exhibits) |
| 1:45-2:30pm | Coach Jo Evans (UCSB)
“Team Defense Wins Championships” |
| 2:35-3:20pm | Coach Joe Yegge (Montana State Billings)
“Building a Successful Program at Any Level” |
| 3:25-4:10pm | Coach Christy Connoyer (Saint Louis)
“Hunting Bases: The next 60 feet” |
| 4:10pm | Drawings/Giveaways for all equipment on stage
Bownet Bodyguard Net
ProMag Lite Tee
Bownet Big Mouth X Net
Bownet Fungo Bat
One dozen softballs with NFCA logo |

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