



NATIONAL FASTPITCH COACHES ASSOCIATION COACHES CLINICS

KANSAS CITY 2026

DOUBLETREE BY HILTON-OVERLAND PARK
10100 College Boulevard; Overland Park, KS 66210

Friday, January 23, 2026

11:30am-1:00pm	Clinic Registration & Visit the Exhibits
1:00-1:40pm	Coach Jennifer McFalls (Kansas) <i>"Baserunning: Putting Pressure on the Defense"</i>
1:42-2:22pm	Coach Cindy Ball-Malone (UCF) <i>"Year-Round Training for Pitchers"</i>
2:22-2:47pm	BREAK (Visit the Exhibits)
2:47-3:27pm	Coach Katie Repole (Clemson) <i>"Training High-Level Infielders"</i>
3:29-4:09pm	Coach Jake Epstein (Missouri) <i>"Hitting: Mechanical Absolutes"</i>
4:11-4:51pm	Coach Cindy Ball-Malone (UCF) <i>"Developing Command in the Bullpen"</i>
4:53-5:33pm	Coach Jennifer McFalls (Kansas) <i>"Creating an Impactful Team Culture"</i>
5:35-6:45pm	DINNER BREAK (Visit the Exhibits)
6:45-7:25pm	Coach Katie Repole (Clemson) <i>"Strategic Practice Planning & Design"</i>
7:27-8:07pm	Coach Cindy Ball-Malone (UCF) <i>"Competitive Drills for Pitchers"</i>
8:09-8:49pm	Coach Katie Repole (Clemson) <i>"Putting it All Together: Team Defense"</i>

NATIONAL FASTPITCH COACHES ASSOCIATION
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Innovate. Inspire. Coach.



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8:50-9:10pm	Coaches Panel (Q&A with all speakers)
9:10-10:00pm	Coaches Social Meet & Greet

Saturday, January 24, 2026

8:00-8:40am	Coach Jake Epstein (Missouri) <i>"Hitting: Competitive Plate Appearances"</i>
8:42-9:22am	Coach Lana Ross (KCKCC) <i>"Developing Players for the Next Level"</i>
9:24-10:04am	Coach Jake Epstein (Missouri) <i>"Hitting: Timing & Rhythm"</i>
10:04-10:30am	BREAK (Visit the Exhibits)
10:30-11:10am	Coach Lana Ross (KCKCC) <i>"The Balancing Act of a Coach"</i>
11:12-11:52am	Coach Jennifer McFalls (Kansas) <i>"Championship Outfield Drills"</i>
11:54-12:34pm	Coach Lana Ross (KCKCC) <i>"Recruiting Strategies for Success: JUCO is a great option"</i>

Drawings/Giveaways for all equipment on stage

Bownet Bodyguard Net
ProMag Lite tee
Bownet Big Mouth X Net
Bownet Fungo Bat
One dozen softballs with NFCA logo