



NATIONAL FASTPITCH COACHES ASSOCIATION COACHES CLINICS

KANSAS CITY 2026

DOUBLETREE BY HILTON-OVERLAND PARK
10100 College Boulevard; Overland Park, KS 66210

Friday, January 23, 2026

11:30am-1:00pm	Clinic Registration & Visit the Exhibits
1:00-1:40pm	Coach Jennifer McFalls (Kansas) <i>"Baserunning: Putting Pressure on the Defense"</i>
1:42-2:22pm	Coach Cindy Ball-Malone (UCF) <i>"Year-Round Training for Pitchers"</i>
2:22-2:47pm	BREAK (Visit the Exhibits)
2:47-3:27pm	Coach Katie Repole (Clemson) <i>"Training High-Level Infielders"</i>
3:29-4:09pm	Coach Jake Epstein (Missouri) <i>"Hitting: Mechanical Absolutes"</i>
4:11-4:51pm	Coach Cindy Ball-Malone (UCF) <i>"Developing Command in the Bullpen"</i>
4:53-5:33pm	Coach Jennifer McFalls (Kansas) <i>"Creating an Impactful Team Culture"</i>
5:35-6:45pm	DINNER BREAK (Visit the Exhibits)
6:45-7:25pm	Coach Katie Repole (Clemson) <i>"Strategic Practice Planning & Design"</i>
7:27-8:07pm	Coach Cindy Ball-Malone (UCF) <i>"Competitive Drills for Pitchers"</i>
8:09-8:49pm	Coach Katie Repole (Clemson) <i>"Putting it All Together: Team Defense"</i>

NATIONAL FASTPITCH COACHES ASSOCIATION
2641 Grinstead Drive • Louisville, KY 40206 • 502-409-4600 • [NFCA.org](https://www.nfca.org)
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8:50-9:10pm **Coaches Panel (Q&A with all speakers)**

9:10-10:00pm **Coaches Social Meet & Greet**

Saturday, January 24, 2026

8:00-8:40am Coach Jake Epstein (Missouri)
"Hitting: Competitive Plate Appearances"

8:42-9:22am Coach Lana Ross (KCKCC)
"Developing Players for the Next Level"

9:24-10:04am Coach Jake Epstein (Missouri)
"Hitting: Timing & Rhythm"

10:04-10:30am **BREAK (Visit the Exhibits)**

10:30-11:10am Coach Lana Ross (KCKCC)
"The Balancing Act of a Coach"

11:12-11:52am Coach Jennifer McFalls (Kansas)
"Championship Outfield Drills"

11:54-12:34pm Coach Lana Ross (KCKCC)
"Recruiting Strategies for Success: JUCO is a great option"

Drawings/Giveaways for all equipment on stage

Bownet Bodyguard Net

ProMag Lite tee

Bownet Big Mouth X Net

Bownet Fungo Bat

One dozen softballs with NFCA logo

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